

# Worksite Wellness in the Agriculture Sector

## FOLLOW UP RESOURCES

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Thanks for your interest in our training resources. The following links are supportive documents to supplement our June 25<sup>th</sup>, 2015 training on Worksite Wellness in the Agriculture Sector. Please contact Elle Mari with specific requests for technical assistance on farmworker health promotion/working with the agriculture sector.

Elle Mari, Senior Manager

[emari@ucsd.edu](mailto:emari@ucsd.edu)

619.681.0655



*Note: We've provided direct full links below so resources are still searchable for you should the respective websites reorganize in the future.*

### 1. [NEOP-APPROVED CURRICULUM FOR WORKSITES](#)

*California Fit Business Kit*

<http://www.cdph.ca.gov/programs/NEOPB/Pages/WorksiteProgram.aspx>

## 2. RESEARCH ON CA FARMWORKERS' HEALTH, SOCIAL, & ECONOMIC STATUS

*Improving the Health of Agricultural Workers and Their Families in California.* University of California Global Health Institute, 2015.

<http://www.ucghi.universityofcalifornia.edu/docs/ucghi-ag-work-paper-2015.pdf>

*The Human Face of Sustainable Agriculture: Adding People to the Environmental Agenda.*

Allen & Melcarek, UC Santa Cruz Center for Agroecology & Sustainable Food Systems, 2013

[http://casfs.ucsc.edu/documents/issue-papers/sust\\_in\\_balance\\_5.pdf](http://casfs.ucsc.edu/documents/issue-papers/sust_in_balance_5.pdf)

*Farm Labor, Reproductive Justice: Migrant Women Farmworkers in the U.S.* Galarneau, 2013.

<http://www.hhrjournal.org/wp-content/uploads/sites/13/2013/08/Galarneau-FINAL.pdf>

*Health-related Inequities Among Hired Farm Workers and the Resurgence of Labor-Intensive Agriculture.* The Kresge Foundation, 2012.

<http://kresge.org/sites/default/files/Health-farm-worker-white-paper.pdf>

*Farmworker Food Insecurity and the Production of Hunger in California.* Brown & Getz, 2011. From [Cultivating Food Justice](#).

*The Health of California's Immigrant Hired Farmworkers,* Villarejo et al., 2010.

<http://onlinelibrary.wiley.com/doi/10.1002/ajim.20796/pdf>

*The California Farm Labor Force Overview and Trends from the National Agricultural Workers Survey.* University of California, Davis, 2005

<http://agcenter.ucdavis.edu/documents/CalifFarmLaborForceNAWS.pdf>

## 3. RESOURCES ON FARMWORKER OUTREACH STRATEGIES

*Understanding Farmworkers,* Health Outreach Partners, 2013.

<https://www.outreach-partners.org/docs/Chapter%201%20-%20HOP%20FINAL.pdf>

*The Silent Crisis: How to do Outreach in an Anti-Immigrant Climate.* Health Outreach Partners, 2012.

<http://www.outreach-partners.org/docs/Silent%20Crisis%20-%20Final.pdf>

*10 Years of Innovative Practices: A Collection of Outreach Strategies from the Field.* Health Outreach Partners, 2012.

<http://outreachpartners.org/docs/10%20Years%20of%20Innovative%20Outreach%20Practices%20A%20Collection%20of%20Outreach%20Strategies%20from%20the%20Field.pdf>

*Key Resources for Migrant Health*, Farmworker Health Network, no date.

<http://www.migrantclinician.org/files/FHN%20Key%20Resources%20for%20Migrant%20Health%20Final.pdf>

#### 4. PSE CHANGE OPPORTUNITIES IN AG WORKSITES & FARMWORKER COMMUNITIES

*Reprioritizing Outreach Efforts to Respond to Emerging Food Insecurity*. Migrant Health Center: Avenal Community Health Center. From Health Outreach Partner's Ten Years of Innovative Practices, Case Study 1, pgs. 6-7, 2012.

<http://outreachpartners.org/docs/10%20Years%20of%20Innovative%20Outreach%20Practices%20A%20Collection%20of%20Outreach%20Strategies%20from%20the%20Field.pdf>

- *This case study discusses mobilization to address emergency food needs of farmworkers and the subsequent aquaponic gardening training and projects invested in to ensure long-term food security and opportunity for farmworkers.*

*Farmworker Mobile Market Feasibility Study*. California Institute for Rural Studies, 2012.

<http://www.sarep.ucdavis.edu/grants/Farmworker%20Mobile%20Market%20Feasibility%20Study.pdf>

- This study investigates the feasibility of a mobile farmers' market as a food access intervention to support the food security of farmworkers. Researchers noted many challenges with this approach and found this model unsustainable. However, they offer several potential food access strategies for further investigation (see pgs. 21-22).

*Fayuca/Lonchera Intervention Case Study*. Monterey County Health Department, no date.

[http://www.ucsandiegotraining.org/wp-content/uploads/2014/11/Fayuca-and-Lonchera-Case-Study\\_Monterey-County.pdf](http://www.ucsandiegotraining.org/wp-content/uploads/2014/11/Fayuca-and-Lonchera-Case-Study_Monterey-County.pdf)

- *This initiative was shared by training panelist Lupe Covarrubias-Martinez and provides a detailed background and lessons learned on their healthy menu changes for lunch trucks that serve farmworkers in the Central Coast.*

#### 5. GO FURTHER: ORGANIZATIONS WORKING ON FARMWORKER ISSUES

Fair Food Program of the Coalition of Immokalee Workers (CIW)

<http://www.fairfoodprogram.org/>

Farmworker Justice

<http://www.farmworkerjustice.org/>



National Center for Farmworker Health

<http://www.ncfh.org/>

Health Outreach Partners

<http://www.outreach-partners.org/>

MHP Salud

<http://mhpsalud.org/>

Migrant Clinicians Network

<http://www.migrantclinician.org/>

National Latina Institute for Reproductive Health

<http://latinainstitute.org/en>

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Got a resource to share? Please send it to us so we can add it to our list of resources! [Send now.](#)