

Lesson Plan #2: December Apples

1. Play Farmer Video

Farmer Video is about Apple Cider Production (3:34) min

http://californiabountiful.com/features/article.aspx?arID=358

2. Do Taste Test

Have students taste the apples and write down their observation using the 'Rate the Taste' chart and 'Appendix 1: Ad-

jectives: (5:00) min

	I am not sure if I like it	I did not like it	I will try this again	
Peppers				
Grapes				
Root Vegetables				
Apples				
Salad Greens				
Citrus				
Cooked Greens				
Cucumbers				
Strawberries				
Stone Fruit				



3. Complete Workbook Activities





Note: These pages will look slightly different for each grade level.

(10:00—15:00) min

4. Utilize Educator Newsletter activity

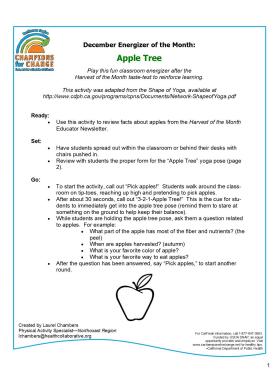
or activities of your choice for class discussion and engagement



Note: Remember that all your Educator Newsletters are located in the second section of your Teacher Manual and the Teacher Guide for student workbooks is located in the third section of your Teacher Manual. Each section should be separated by a yellow piece of paper.

(5:00-10:00) min

5. Energizer of the Month (with time permitting)



Note: The 'Energizer of the Month' is a monthly physical activity you can do with your class. This document will be sent as an additional attachment. (5:00) min