

Inland Desert Tips, Tools, & TA

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Hello Inland Desert Partners,

Thanks for reading Tips, Tools, and TA brought to you by the Inland Desert Training and Resource Center (TRC) serving Imperial, Inyo, Riverside, San Bernardino, and San Diego county health departments and their partners. The goal of this biweekly newsletter is to connect you to upcoming trainings, free resources, and timely news stories to support your local Nutrition Education and Obesity Prevention (NEOP) activities. Enjoy!

News & Updates



The Inland Desert TRC website is now live! Visit www.ucsandiegotr.org to learn about upcoming training opportunities, access archived webinars, and interact with your colleagues from across the region.



Monthly Inland Desert Technical Assistance Service Area Calls

Peer Learning Exchange Topic: CalFresh Promotion Strategies and Collaboration

Next Webinar is Wednesday, April 15th, 2015, 1-2:30pm

Southern California Worksite Program Collaboration Technical Assistance Webinar

April 16th, 2015, 10-11:30am

The purpose of the webinar is to invite NEOP-funded worksite program staff in Southern California to share insights on outreach and strategy with one another across counties. In addition, a facilitated discussion will be provided to support cross-county collaboration between common industries and corporate worksite offices as applicable. Please note, this technical assistance webinar is a joint-effort with the Greater LA TRC and invitation-only for worksite program staff in Southern California. If you have not received an invitation, please contact [Elle](#) to participate.

Upcoming Trainings



**Building Bikeable Communities, Webinar

April 28, 2015, 1-2:30pm, [Learn more](#)

[Register here](#)

RESILIENT FOOD SYSTEMS CONFERENCE
TWO-DAY CONFERENCE AT CAL POLY

The resilience of a system refers to its ability to adapt to and thrive in changing conditions. Join us as we learn from industry and community leaders, from across the food and agricultural landscape who are helping to build a more resilient food system through their innovative enterprises!

A FREE Conference - Open to the Public
May 8-9, 2015 at Cal Poly's MAC (MAC use Activity Center behind the WFC Center)
For details and to register for lunch on Day 1, please visit: www.cfpoly.edu/rfs

Keynote Presentation by CA Secretary of Agriculture, Katie Kim

- The New Generation of Farmers
- Regenerative & Whole Systems Agriculture
- Advances in Organic
- Climate Issues in Agriculture
- The Culture/Class Connection
- Partnered Meat Production
- Public Health & Planning Perspectives
- Implementing Food System Sustainability
- Food Labels & Transparency
- Urban Agriculture: A New Renaissance

A Special Event on Community & Local Food Systems

- Community-Based Food System Development
- Food Hubs and Regional Food Systems
- Food Policy Councils
- Supporting Food Security & Access
- Social Programs
- Ag Eco-Literacy
- School Lunch Programs
- Yield Reduction
- RO City Farm & Community Program

LOCAVORE RECEPTION & TASTING
Saturday, May 9 at 12:00
Featuring local foods and wines!
To Register: www.cfpoly.edu

CENTER FOR SUSTAINABILITY
CAL POLY
OUTSIDE SLO

Resilient Food Systems Conference

May 8-9, 2015, Cal Poly, San Luis Obispo

[Register here](#)



Southern Region Student Wellness Conference
July 13 – July 17th, Palm Desert, CA, [Learn more](#)

Youth Engagement Forum

May 9, 2015, San Bernardino County, [Learn more](#)

***Denotes a training led by the Inland Desert TRC*

Please note that all Nutrition Education and Obesity Prevention (NEOP) funded programs are required to secure approval from their assigned NEOP Project Officer prior to attending any non-NEOP sponsored trainings/workshops/conferences.

Highlighted Resources



Partnering with Small Stores to Improve the Retail Environment

Archived webinar from March 10th is [available here](#). Also check out the [Q + A](#) document with answers to some of your questions we ran out of time to answer live. Big thanks to guest expertise from the LA Food Policy Council, UC San Diego Retail Program, and Riverside County Retail/CX3 Programs + HEAL Zone.

Harvest of the Month: Produce Quick Tip Cards

Use the Champion for Change [Produce Quick Tip Cards](#) for your events, at retail locations, on social media, as well as at variety of other settings to expand your Harvest of the Month efforts.

The [Early Childhood Online SNAP-Ed Toolkit](#) provides quick access to resources to support and promote healthy eating and physical activity in early care and education settings. Developed with the Contra Costa Child Care Council, the toolkit is organized by resources that help assess, plan, implement, and evaluate SNAP-Ed efforts.

In the News

Hesperia Woman Spreads Gospel of Healthy Eating

The collaborative work of the Communities of Excellence in Nutrition, Physical Activity, and Obesity Prevention (CX3) in Hesperia, CA has inspired many positive changes in their community. [Read the fully story here.](#)



National Nutrition Month Targets Youth

The Imperial Valley Press featured the work of Imperial County Public Health Department and their efforts to increase the consumption of water through the installation of hydration stations in schools. [Read the fully story here.](#)

Funding Opportunities

Action for Healthy Kids' *School Grants for Healthy Kids* had funding available to provide schools with the resources to implement health and wellness practices to encourage students to eat better and to be physically active. To review the grant opportunities for school districts and schools, click [here](#). Applications are due May 1st.

The California Transportation Commission (CTC) has adopted the 2015 Active Transportation Program (ATP) Guidelines. Therefore, the ATP Cycle 2 Call-for-Projects is now open and available [here](#). Project applications are due by June 1, 2015.



Stay Connected

Have a burning question? Need help finding a resource? [Contact us](#) via phone or email to request technical assistance.

