

Inland Desert Tips, Tools, & TA

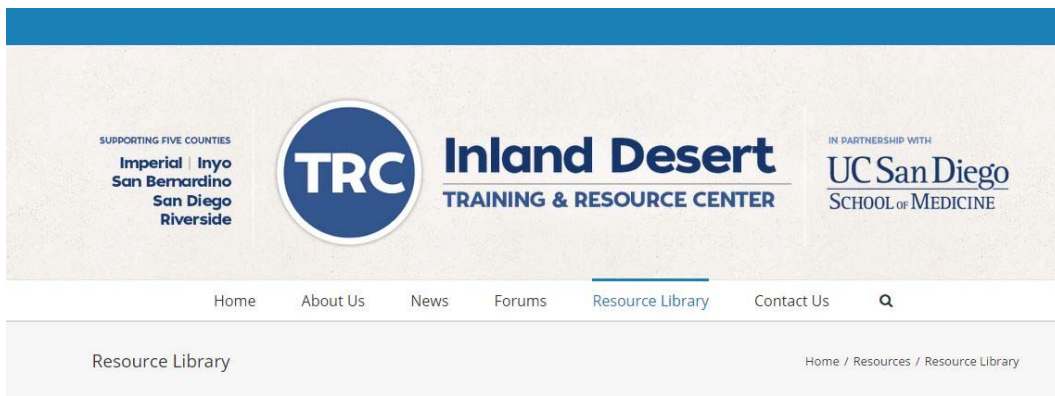
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Hello Inland Desert Partners,

Thanks for reading Tips, Tools, and TA brought to you by the Inland Desert Training and Resource Center (TRC) serving Imperial, Inyo, Riverside, San Bernardino, and San Diego county health departments and their partners. The goal of this biweekly newsletter is to connect you to upcoming trainings, free resources, and timely news stories to support your local Nutrition Education and Obesity Prevention (NEOP) activities. Enjoy!

News & Updates



⚙️ [CLICK ON EACH RESOURCE HEADING TO FIND AND DOWNLOAD RELATED FILES.](#)

- [+ American Indian / Alaska Native](#)
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- [+ Monthly Webinar TA Materials](#)
- [+ Physical Activity](#)
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- [+ Urban Agriculture](#)
- [+ Worksite Wellness](#)
- [+ Youth Engagement](#)

library [here](#).



Monthly Inland Desert Technical Assistance Service Area Calls

Peer Learning Exchange Topic: Summer Meals Outreach and Promotion

Next Webinar is Wednesday, May 20th, 2015, 1-2:30pm

2015 County Health Rankings

The Robert Wood Johnson Foundation just released its [2015 County Health Rankings](#). Check out the results to see how healthy your community is and how it compares to others across the nation. Read the key finds from the report [here](#).

Upcoming Trainings



Lighter, Quicker, Cheaper – and Healthier, Webinar

April 23, 2015, 10am - 11am,

[Register here](#)



**Building Bikeable Communities, Webinar

April 28, 2015, 1-2:30pm, [Learn more](#)

[Register here](#)



Resilient Food Systems Conference
May 8-9, 2015, Cal Poly, San Luis Obispo

[Register here](#)



Public Relations Webinar
 Promoting Black Health Awareness, Action and Advocacy and Power Up Your Summer Month

May 6 2015, 11am -12:30pm

[Register here](#)



Youth Engagement Forum

May 9, 2015, San Bernardino County, [Learn more](#)



Collective Impact 101, Webinar

May 1, 2015, 11:30am - 1pm

[Register here](#)



CNN GIS Viewer Webinar

May 7, 9am - 10:45am

May 11, 9am - 10:45am

May 20, 1pm - 2:45pm

[Register here](#)

CCLHDN California Conference of Local Health Department Nutritionists

Public Health Nutritionists for Healthy Sustainable Change Helping Communities *Join the Movement!*

May 27 - 28, 2015, Los Angeles, CA

[Register here](#)

Please note that all Nutrition Education and Obesity Prevention (NEOP) funded programs are required to secure approval from their assigned NEOP Project Officer prior to attending any non-NEOP sponsored trainings/workshops/conferences.

Highlighted Resources



April Social Media Posts

The new approved [social media posts](#) are in! Remember to like and share these from the Champions for Change Facebook page.

Champion Profile Development Support

Do you work with community residents or partner organizations that inspire others to be a Champion for Change? If so, the TRC can support you in developing Champion Profiles that spotlight their work. Whether it is a Champion mom, dad, youth, teacher, or partner, we're here to help! The profiles can be great tools to inform future success stories or to generate positive media attention in your community. Contact [Rachel](#) with questions or to get started.

Farm to Plate Food Safety Fact Sheets

The theme for this year's World Health Day on April 7th was food safety. Check out these newly developed [fact sheets](#) from Food Day to learn more about this important issue.

In the News

Parking Spaces Transform into a



The residents of Linda Vista joined forces with the Communities of Excellence in Nutrition, Physical Activity, and Obesity Prevention (CX3) program to create a parklet for the neighborhood. CX3 is led by the County of San Diego Health and Human Services Agency's North Central Region and Healthy Works initiative, under Live Well San Diego. Read the full story [here](#).

Champion Providers in San Diego County

Dr. Howard Taras and Dr. Christine Wood coauthored an op-ed for U-T San Diego to inspire other physicians to work in partnership with public health professionals to fight disease. Read more from the Champion Providers [here](#).

**Clarification: The news article we shared in our last newsletter sent on April 3rd may have misrepresented the Communities of Excellence in Nutrition, Physical Activity and Obesity Prevention (CX3) project. CX3 community projects are open to all community residents in SNAP-Ed eligible neighborhoods. Individuals do not have to register to participate. Additionally, SNAP-Ed funds may not be used to purchase equipment, however projects may search for outside funding sources to support their work. Per state guidance, it is encouraged to provide local contact information to news outlets.*

Funding Opportunities

Action for Healthy Kids' *School Grants for Healthy Kids* had funding available to provide schools with the resources to implement health and wellness practices to encourage students to eat better and to be physically active. To review the grant opportunities for school districts and schools, click [here](#). Applications are due May 1st.

The Athena Foundation has an open RFP to fund the creation and expansion of community gardens, urban farms, and farmer's markets in underserved neighborhoods so that fresh fruits and vegetables are available, accessible, and affordable locally. Learn more [here](#). Deadline to apply is May 6, 2015.

The California Transportation Commission (CTC) has adopted the 2015 Active



Stay Connected

Have a burning question? Need help finding a resource? [Contact us](#) via phone or email to request technical assistance.

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