

Inland Desert Tips, Tools, & TA

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SUPPORTING FIVE COUNTIES
Imperial | Inyo
San Bernardino
San Diego
Riverside



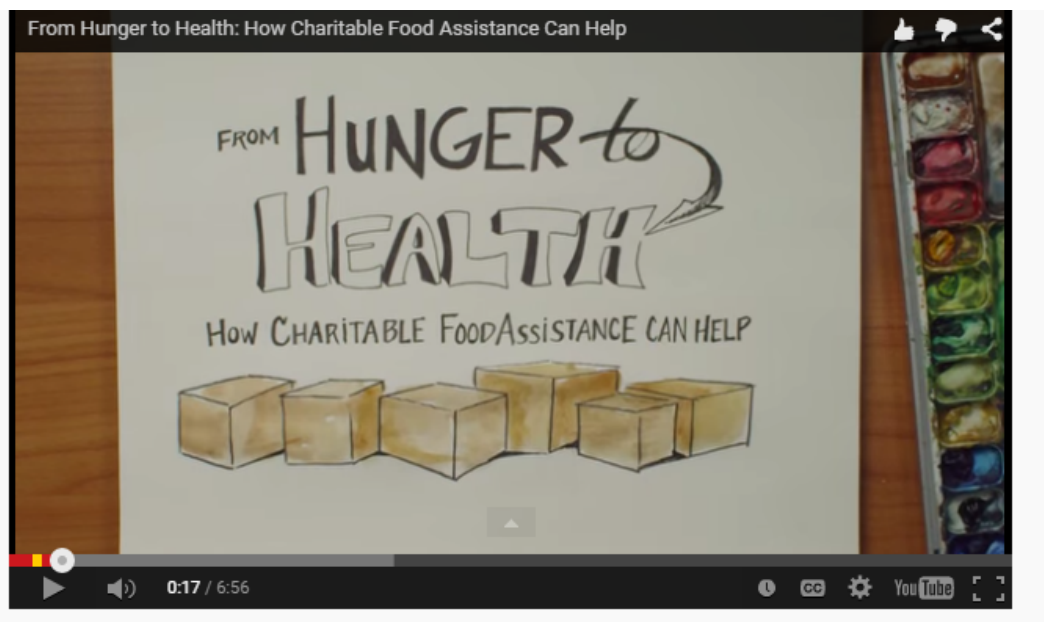
Inland Desert
TRAINING & RESOURCE CENTER

IN PARTNERSHIP WITH
UC San Diego
SCHOOL OF MEDICINE

Hello Inland Desert Partners,

Thanks for reading Tips, Tools, and TA brought to you by the Inland Desert Training and Resource Center (TRC) serving Imperial, Inyo, Riverside, San Bernardino, and San Diego county health departments and their partners. The goal of this biweekly newsletter is to connect you to upcoming trainings, free resources, and timely news stories to support your local Nutrition Education and Obesity Prevention (NEOP) activities. Enjoy!

News & Updates



Check out the [Nutrition Policy Institute's](#) new video to learn about the efforts of Feeding America and a growing number of food banks who are innovating the way they obtain and distribute foods to improve the nutritional quality of their inventory.

["From Hunger to Health: How the Charitable Food Network Can Help"](#) shows how



Monthly Inland Desert Technical Assistance Service Area Calls

Next Webinar is Wednesday, July 15th, 2015, 1-2:30pm

Upcoming Trainings



Sustainability

**Sustaining your Program after
Community Food Projects
Funding**
July 14, 2015, 10:30am - 12pm

[Register here](#)



Agriculture and Drought:



**Go4Life: Promoting Exercise and
Physical Activity for Older Adults**
July 16, 2015, 9:30am - 10:30am

[Register here](#)



**Policy, Systems, and
Environmental Change
in the Farmers' Market Setting**
July 28, 2015, 10:30am - 12pm

[Register here](#)



****Promising Practices Exchange**
July 30, 2015, 11:30am - 4:30pm
San Diego, CA

[Learn more here](#)



****CATCH K-8 School Implementation Training**
August 17, 2015, 8:30am - 4:30pm
San Diego, CA

[Register here](#)

***Denotes a training led by the Inland Desert TRC*

Please note that all Nutrition Education and Obesity Prevention (NEOP) funded programs are required to secure approval from their assigned NEOP Project Officer prior to attending any non-NEOP sponsored trainings/workshops/conferences.

Save the Date!

The **2015 Champion Alliance Workshop** is Coming to an Area Near You
 10 a.m. to 3:30 p.m. | Sacramento, San Jose, Fresno, Orange County



For CalFresh information, call 1-877-847-3863. Funded by USDA SNAP-Eat, an equal opportunity provider and employer.

Champion Alliance Workshops
August 11, 2015, 10am - 3:30pm
Orange County, CA

Registration information coming soon.
 Contact NEOPB_MediaPR@cdph.ca.gov for more info.



Developing a Food Bank Nutrition Policy: A Guide to Procure Healthy Foods
September 14 - October 19, 2015

[Register here](#)

In the News:

[Community Fridges: The Little Free Library of the Food World](#) (takepart)

[From Food Trucks to Urban Farming - Boston's Locally Grown Food Startups on the Rise](#) (The Bay State Banner)

[Guerrilla Gardener Sparks Food Revolution in South Central LA](#) (NBC LA)

[Raj Patel: Gender Equality Missing From the Food Policy Conversation](#) (Civil Eats)

Highlighted Resources



Worksite Wellness in the Agriculture Sector Training Materials

Training materials and additional follow up resources from our Worksite Wellness in the Agriculture Sector training are now available on the [resource library](#) under worksite wellness.

Comprehensive School Physical Activity Program (CSPAP): A Guide for Schools

The [CSPAP](#) is a relatively new multi-component approach developed by the Society of Health and Physical Educators of America. This program provides increased PA opportunities, primarily at school that support student participation in at least 60 minutes of daily PA. CSPAP helps students develop the knowledge, skills and confidence they need to be physically fit throughout their lifetime.

ChangeLab Solutions Releases Tools to Fight Unhealthy Marketing to Kids

Through a contract with the Los Angeles County Department of Public Health and



new tools as a part of [Marketing Matters: A White Paper on Strategies to Reduce Unhealthy Food and Marketing to Young Children](#). Tools include a white paper, executive summary, an illustrated policy poster, as well as individual handouts in English and Spanish.

Why Healthy Food Access Matters

Check out the [Healthy Food Access Portal](#) for tips on how to make the case for healthy retail projects and investments in your community.



Local Food Procurement 101: Policies and Programs (recorded webinar from PolicyLink)

A movement to purchase locally, fairly, and sustainably grown healthy food is beginning to build momentum. Cities such as Los Angeles, Oakland, and Chicago and states such as Vermont are leading the way to enact equitable procurement policies that benefit low-income entrepreneurs of color, small family farmers, and sustainable agriculture. This webinar featured key policy advocates and leaders in the field. Listen to the recording [here](#).

Now is the Opportune Time to Take Action for the Health of Farm Workers

The recent white paper from the [UC Global Health Institute](#), “presents the current literature on the health of farm workers and their families and paints a picture of the social and economic context in which policy changes can be made to improve health outcomes” (UCGHI, 2015). Read the full white paper [here](#).

Funding Opportunities

Data Across Sectors for Health (DASH): Empowering Communities Through Shared Data and Information

DASH will propel grantees forward as they strengthen and extend their data and information sharing initiatives for assessment, planning, program development, advocacy, monitoring, and setting and acting on community priorities. Up to six entities (organizations or collaborations) will receive grants. Applications are due July 29, 2015 by 3:00pm ET. [Learn more here.](#)

Please note that all Nutrition Education and Obesity Prevention (NEOP) funded programs are required to utilize educational materials from the USDA Approved Materials List: <http://www.cdph.ca.gov/programs/cpns/Pages/default.aspx>.



Stay Connected

Have a burning question? Need help finding a resource? [Contact us](#) via phone or email to request technical assistance.



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