

Inland Desert Tips, Tools, & TA

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SUPPORTING FIVE COUNTIES
Imperial | Inyo
San Bernardino
San Diego
Riverside



Inland Desert
TRAINING & RESOURCE CENTER

IN PARTNERSHIP WITH
UC San Diego
SCHOOL OF MEDICINE

Hello Inland Desert Partners,

Thanks for reading Tips, Tools, and TA brought to you by the Inland Desert Training and Resource Center (TRC) serving Imperial, Inyo, Riverside, San Bernardino, and San Diego county health departments and their partners. The goal of this biweekly newsletter is to connect you to upcoming trainings, free resources, and timely news stories to support your local Nutrition Education and Obesity Prevention (NEOP) activities. Enjoy!

News & Updates



Summer is nearly here! Even though many kids are out of school during the summer months, you can continue your farm to fork efforts in many ways by connecting local communities to healthy, seasonal food and the people who grow it.

Visit the [USDA Farm to Summer](#) webpage to incorporate local foods into your Summer Meals programs. You can also check out the [Summer in the School Garden Guide](#) by Growing Gardens in Portland, Oregon to learn helpful strategies for working with volunteers to maintain your garden.



Peer Learning Exchange Topic: Youth Engagement

Next Webinar is Wednesday, June 17th, 2015, 1-2:30pm

Upcoming Trainings



Rethink Your Drink: Getting Safe Tap and Drinking Water into Schools and Community Places
June 16, 2015, 2pm - 3pm

[Register here](#)



Hunger Free Students: Opportunities for Schools Beyond the Cafeteria
June 18, 2015, 12pm - 1pm

[Register here](#)



Hunger as a Health Issue: Gleaning at Community Scale
June 23, 2015, 9:30am - 10:30am

[Register here](#)



****Worksite Wellness in the Agriculture Sector Training**
June 25, 2015, 9am - 1pm
San Diego, CA

[Register here](#)



Farm to Preschool Train the Trainer, [Learn more](#)
June 26, 2015, 10am - 12:30pm
Costa Mesa, CA

[Register here](#)

Everyday Exercises
from the National Institute on Aging at NIH



Go4Life: Promoting Exercise and Physical Activity for Older Adults
July 16, 2015, 9:30am - 10:30am

[Register here](#)



Agriculture and Drought: Implications for Food Security
July 22, 2015, 12pm - 1pm

[Register here](#)

***Denotes a training led by the Inland Desert TRC*

Please note that all Nutrition Education and Obesity Prevention (NEOP) funded programs are required to secure approval from their assigned NEOP Project Officer prior to attending any non-NEOP sponsored trainings/workshops/conferences.

In the News

Inyo County

Team Inyo for Healthy Kids' new water

Hydration station installed to encourage better health

Special to The Inyo Register

Tired, cranky, hot, or lethargic? Drink water and feel better.

This simple message is being broadcast across the county with the installation of Inyo's first hydration station on the corner of Main Street and Academy, in Bishop's Talmage Park.

The Terracotta-colored water station allows residents to refill water bottles, drink from a fountain,



Big Pine residents Theresa Stone and Michael Arnell quench their thirst at the new hydration station on the corner of Main Street and Academy Avenue in Bishop's Talmage Park.

station in Inyo County. Read the [full story](#) in The Inyo Register on page 10.

Imperial County

Imperial County Public Health Department hosted a successful Fruit & Veggie Fest event at El Centro's Kennedy Karne market that spotlighted their new vegetable display. The Holtville Tribune featured the [story](#) on pages 2 and 8.

Highlighted Resources



June Social Media Messages

The new approved [social media posts](#) are in! Click on "Media & PR" in the resource library. Remember to like and share these from the Champions for Change Facebook page.

Radio Remotes for Upcoming Events

Interested in a radio remote to help boost attention of your event? TRC can assist with planning and requests, including securing of a radio-station presence live at your event. Contact [Dan](#) with questions.

My Voice, My Community: Engaging Children in Photovoice Projects Training Materials

Did you miss our in-person Photovoice



and PowerPoint slides.

Advocating for a Sugar Sweetened Beverage Case Study

The newly released case study from a John Hopkins Bloomberg School of Public Health PhD graduate examines the strategy in Mexico to promote their sugar-sweetened beverage tax and its success. Read the full report [here](#).



California Farmers' Market Finder

The Ecology Center's Farmers' Market Finder lets you look up farmers' markets in your area and indicates which markets accept CalFresh and WIC. View the interactive finder tool [here](#).

Hunger Doesn't Take a Vacation: Summer Nutrition Status Report

More low-income children are eating summer meals, according to the new report [Hunger Doesn't Take a Vacation](#) released by the Food Research and Action Center (FRAC). The report measures the success of the Summer Meals program at the national and state levels.

MyPlate Available in New Languages

The Center for Nutrition Policy and Promotion has released the translation of



Please note that all Nutrition Education and Obesity Prevention (NEOP) funded programs are required to utilize educational materials from the USDA Approved Materials List: <http://www.cdph.ca.gov/programs/cpns/Pages/default.aspx>.



Stay Connected

Have a burning question? Need help finding a resource? [Contact us](#) via phone or email to request technical assistance.

