

Inland Desert Tips, Tools, & TA

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SUPPORTING FIVE COUNTIES  
Imperial | Inyo  
San Bernardino  
San Diego  
Riverside



**Inland Desert**  
TRAINING & RESOURCE CENTER

IN PARTNERSHIP WITH  
**UC San Diego**  
SCHOOL OF MEDICINE

**Hello Inland Desert Partners,**

*Thanks for reading Tips, Tools, and TA brought to you by the Inland Desert Training and Resource Center (TRC) serving Imperial, Inyo, Riverside, San Bernardino, and San Diego county health departments and their partners. The goal of this biweekly newsletter is to connect you to upcoming trainings, free resources, and timely news stories to support your local Nutrition Education and Obesity Prevention (NEOP) activities. Enjoy!*

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## News & Updates



**\*\*Worksite Wellness in the Agriculture Sector Training**

**June 25th, 2015, 9am - 4pm**

**San Diego, CA**

[Register here](#)

policy, systems, and environmental changes to support farm worker health and food security at our newly released training. Click on the video above to learn more about farm worker health prior to the training.

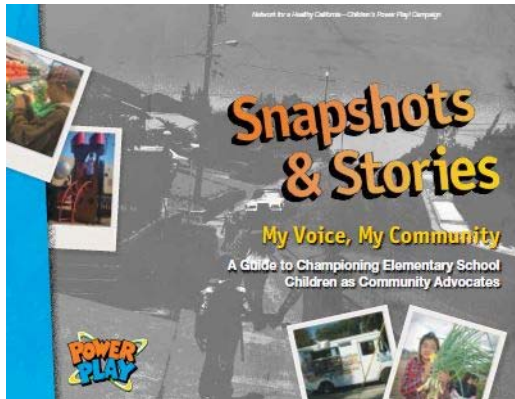


## Monthly Inland Desert Technical Assistance Service Area Calls

Peer Learning Exchange Topic: Youth Engagement

**Next Webinar is Wednesday, June 17th, 2015, 1-2:30pm**

## Upcoming Trainings



**\*\*My Voice, My Community:  
Engaging Children in Photovoice  
Projects**

**June 3, 2015, 9:30am - 3:30pm  
San Diego, CA**

[Register here](#)



**Color Me Healthy Early  
Childhood Training**

[Learn more](#)

**June 6, 2015, 9am - 4pm  
Santa Ana, CA**

[Register here](#)



**GrowRIVERSIDE Conference**



**The Media-Smart Youth Program:  
Helping Kids Develop Healthy  
Habits and Media Smarts**

**June 11, 2015, 9:30am - 10:30am**

[Register here](#)

[Register here](#)



**Hunger as a Health Issue:  
Gleaning at Community Scale**

**June 23, 2015, 9:30am - 10:30am**

[Register here](#)



**Rethink Your Drink: Getting Safe  
Tap and Drinking Water into  
Schools and Community Places**

**June 16, 2015, 2pm - 3pm**

[Register here](#)

*\*\*Denotes a training led by the Inland Desert TRC*

*Please note that all Nutrition Education and Obesity Prevention (NEOP) funded programs are required to secure approval from their assigned NEOP Project Officer prior to attending any non-NEOP sponsored trainings/workshops/conferences.*

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## **Successes from the Inland Desert**



### Inyo County:

Thanks to the hard work of Team Inyo for Healthy Kids, the first hydration station in Inyo County was installed this month on the corner of Main Street and Academy, in Bishop's Talmadge Park. The Terra Cotta-colored water station allows residents to refill water bottles, drink from the fountain, or fill the dog bowl at ground level for their thirsty pooches. This is the first step in a long term campaign to increase water access, making it easy for children and their families to choose water rather than sugary drinks, which account for 250 to 650 extra calories a day in American diets.

As the water access campaign continues, Team Inyo will be reaching out to residents in Big Pine, Independence, Lone Pine, and in many Tribal communities to get feedback for more areas that could benefit from water stations.



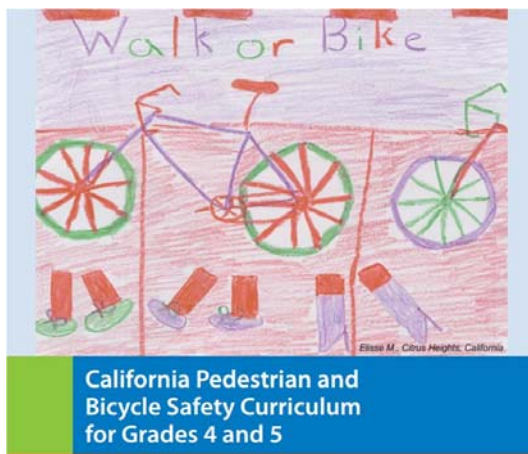
### San Diego County:

Elle Mari, Senior Manager of Training & TA for the TRC has been providing ongoing youth engagement technical assistance to the newly formed Youth Advisory Council (YAC) at UC San Diego's Center for Community Health.

places. Under the leadership of Amina Sheik Mohamed, Senior Manager for Community Mobilization Programs and Ariel Hamburger, Program Coordinator for the Retail Program, and with technical support from Outside the Lens, students conducted a walkability assessment, utilizing photovoice, in order to advocate for safer routes to and from the City Heights Farmers' Market. The results and recommendations from this project will be displayed at San Diego's Fruit and Veggie Fest at the City Heights Farmers' Market on May 30<sup>th</sup>.

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## Highlighted Resources



### California Pedestrian and Bicycle Safety Curriculum

The Safe Routes to School (SRTS) Technical Assistance Resource Center's (TARC) new resource, the *California Pedestrian and Bicycle Safety Curriculum* provides nine lessons for 4<sup>th</sup> and 5<sup>th</sup> graders that teach students how to be safe pedestrians and bicyclists. Each of the nine lessons is aligned with the California Common Core State Standards, the National Health Education Standards, and the California Health Education Standards. View the full curriculum [here](#).

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## Radio Remotes for Upcoming Events

Interested in a radio remote to help boost attention of your event? TRC can assist with planning and requests, including securing of a radio-station presence live at your event. Contact [Dan](#) with questions.

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### Community Engagement Resource from the Institute for Local Government

The Institute for Local Government (ILG) released a new resource entitled *Building Healthy and Vibrant Communities: Achieving Results through*



about what land use planning is, who is involved, why community engagement matters and ways to participate. View the full resource [here](#).

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## Black Health Awareness Month Media Materials

Black Health Awareness Month is an exciting statewide initiative whose mission is to create a legacy of health in African-American communities. *BHAM* will be a month-long health observation designed to raise awareness among African Americans about serious health disparities they face. Check out the [media materials](#) available on the resource library under "Media & PR."

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## Power Up Your Summer Media Materials

Power Up Your Summer empowers kids to take the "Power up Your Summer!" 60 a Day All Summer Long Challenge to add more active play, at least 60 minutes a day, and eat more fruits and vegetables as a means to combat the "summer slump." Check out the [media materials](#) available on the resource library under "Media & PR."

*Please note that all Nutrition Education and Obesity Prevention (NEOP) funded programs are required to utilize educational materials from the USDA Approved Materials*

*List: <http://www.cdph.ca.gov/programs/cpns/Pages/default.aspx>.*

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## Funding Opportunities

Farmers Market SNAP Support Grants are now available. Funded projects must support the establishment, expansion, and promotion of SNAP EBT services at farmers markets and increase SNAP client accessibility and participation at farmers markets. Applicants must send letter of intent by May 18<sup>th</sup> and full applications by June 18<sup>th</sup>. For more



#### Stay Connected

Have a burning question? Need help finding a resource? [Contact us](#) via phone or email to request technical assistance.

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