Inland Desert Tips, Tools, & TA

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Hello Inland Desert Partners,

Thanks for reading Tips, Tools, and TA brought to you by the Inland Desert Training and Resource Center (TRC) serving Imperial, Inyo, Riverside, San Bernardino, and San Diego county health departments and their partners. The goal of this biweekly newsletter is to connect you to upcoming trainings, free resources, and timely news stories to support your local Nutrition Education and Obesity Prevention (NEOP) activities. Enjoy!

News & Updates



This is officially our last edition of *Tips, Tools, and TA*! We want to thank you all for your thoughts, ideas, and contributions to constantly improving this newsletter and hope that you have found it to be beneficial over the past year and a half. We have genuinely enjoyed working with each and every one of you and wish you the best as you continue this important work out in the community.

Our resources and trainings will still live on at <u>www.ucsandiegotrc.org</u>, so please feel free to continue to visit and share with partners.

The Inland Desert Training and Resource Center Team

NEOPB Training Transition Plan for FFY2016

The NEOPB Training Transition Plan for FFY2016 is a report that describes the branch's transition plan for providing statewide training to Local Implementing Agencies in the upcoming fiscal year. Read the full report here.



Success Story Videos Update

We are proud to present our first approved success story video featuring San Diego's local Harvest of the Month efforts! View the full video here.

Be on the lookout for additional success story videos highlighting the tremendous work across the Inland Desert region posted to our <u>website</u> as they are approved over the next month.

Upcoming Trainings



Developing a Food Bank Nutrition Policy: A Guide to Procure Healthy Foods September 14 - October 19, 2015



San Diego, CA
Register here

Register here



Media Advocacy: Harnessing the Power of Media September 22, 9:30am - 4pm San Diego, CA



Public Relations Webinar: Food Day September 25, 11am - 12:30pm

Register here

Register here



Opening Congregational Doors to Community Needs
October 7, 9:30am - 10:30am

Register here



CNN GIS View Webinar Training

October 20, 9 - 10:30am, register here

OR

October 29, 1 - 2:30pm, register here

Please note that all Nutrition Education and Obesity Prevention (NEOP) funded programs are required to secure approval from their assigned NEOP Project Officer prior to attending any non-NEOP sponsored trainings/workshops/conferences.

Successes from the Inland Desert



Spotlight On: Riverside County

Nine desert-area elementary schools dove head-first into a spectacular opportunity; combining efforts from a variety of community partners to build a successfully popular water safety program called "Ready, Set, Swim." This spring, over 440 third-grade students were bussed to community pools, provided free swimsuits and rotated through swim lessons and a Harvest of the Month nutrition series. At each swim graduation, parents were also provided a nutrition lesson and recipe demonstration. Discussions are underway amongst city leaders, community partners and potential funders to continue this effort throughout the upcoming school year, with expansion to more schools and more pools.

Highlighted Resources

September Social Media Messages



these from the Champions for Change Facebook page.

Latino Health Awareness Month Messages

Latino Health Awareness Month is celebrated each September and is a time to empower California's Latino population to make healthier choices for their families. Check out the approved messages to support your local events and promotions on our TRC website under "Media & PR."



Promising Practices Exchange Follow Up Resources

The presentations from our recent Promising Practices Exchange on healthy food and beverage access are now available on our <u>resource library</u> under Promising Practices Exchange.

Please note that all Nutrition Education and Obesity Prevention (NEOP) funded programs are required to utilize educational materials from the USDA Approved Materials

List: http://www.cdph.ca.gov/programs/neopb/Pages/default.aspx



Stay Connected

Have a burning question? Need help finding a resource? <u>Contact us</u> via phone or email to request technical assistance.