

March 2016: Calendar of Free Events

DATE	EVENT	LOCATION	TIME
March 2	Run for Fun	Nike Fashion Valley, 7007 Friars Road, San Diego, 92108	6pm
March 3	Third Avenue Village Farmers' Market	353 Third Avenue Chula Vista, 91910	3-6pm
March 7	Qi Gong	4155 Governor Drive, San Diego, 92122	9:30am
March 9	Free Health & Stress Workshop	2123 Fenton Pkwy. San Diego, CA 92108	6-7pm
March 11	Kearney Mesa Farmers' Market	5898 Copley Drive, San Diego, 92111	10:30am-1:30pm
March 15	Yoga for Teens & Adults	2123 Fenton Parkway, San Diego, 92108	6pm
March 17	Relaxation and Visualization Class	9001 Wakarusa Street La Mesa, CA 91942	12:15-1:15pm
March 19	Pacific Beach Farmers' Market	4150 Mission Blvd., San Diego, 92109	8am-12pm
March 21	Zumba Basic	2123 Fenton Parkway, San Diego, 92108	4pm
March 25	La Mesa Farmers' Market	Allison Ave & Date Ave. La Mesa, 91942	1-5pm
March 27	3rd Avenue Farmers' Market & Asian Bazaar	J Street & 3rd Ave. San Diego, 92101	9am-1pm
March 30	Free Mammograms	2937 Beyer Blvd., San Diego, CA 92154	9am-1pm
March 31	Oceanside Farmers' Market	298 N. Tremont Street, Oceanside, 92054	9am-1pm

Worksite Wellness Program

University of California, San Diego
School of Medicine
Center for Community Health
Email: worksitewellness@ucsd.edu