

Apple Trio



Makes 35 servings
3 apple slices (1 of each kind) per serving

INGREDIENTS

- 5 Granny Smith apples
- 5 Red Delicious apples
- 5 Fuji apples

PREPARATION

1. Remove stickers from apples, wash, and dry.
2. Slice each variety of apple with apple slicer and place serving on a napkin.
3. Serve immediately.

Nutrition information per serving: Calories 20, Carbohydrate 4g, Dietary Fiber 1g, Protein 1g, Total Fat 0g, Saturated Fat 0g, Trans Fat 0 g, Cholesterol 0mg, Sodium 64mg



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