



Ladybugs on a Leaf (Zucchini)

Makes 35 servings
2 "ladybug" per serving

INGREDIENTS

- 3 medium zucchini
- 16 oz. cherry tomatoes
- 6 oz. Italian salad dressing

*Fresh or dried basil may be added just before serving.

PREPARATION

1. Wash and slice each zucchini $\frac{1}{4}$ " thick.
2. Wash cherry tomatoes and slice in half.
3. Place 2 slices of zucchini side by side on a plate.
4. Place $\frac{1}{2}$ of a tomato on each slice of zucchini.
5. Drizzle a very small amount of dressing (less than $\frac{1}{8}$ tsp.) on top of each tomato or "ladybug."
6. Serve immediately.

Nutrition information per serving: Calories 12,
Carbohydrate 1g, Dietary Fiber 0g, Protein 0g, Total Fat 1g,
Saturated Fat 0g, Trans Fat 0 g, Cholesterol 0mg, Sodium 36mg



Funded by USDA SNAP-Ed, an equal opportunity provider and employer.