



## Strawberry Shortcake

**Makes 35 servings**  
*1 strawberry per serving*

### INGREDIENTS

- 35 large strawberries
- 1 (32 oz.) vanilla low-fat yogurt
- graham crackers, 1 sleeve (9 full crackers)
- 35 small or snack size bags

### PREPARATION

1. Rinse and dry strawberries.
2. Pour yogurt into mixing bowl and stir.
3. Give each student a  $\frac{1}{4}$  of a graham cracker in a plastic bag. Ask students to close the bag and gently crush with their hands.
4. Have students dip strawberries into yogurt by holding from green stem on top.
5. Dip yogurt-covered strawberries into crushed graham crackers.
6. Place strawberries on a paper plate.
7. Serve immediately.

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*Nutrition information per serving:* Calories 28, Total Fat 0g, Saturated Fat 0g, Trans Fat 0 g, Cholesterol 1mg, Sodium 10mg, Carbohydrate 5g, Dietary Fiber 1g, Sugar 4g, Protein 1g



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