August 2016: Calendar of Free Events

DATE	EVENT	LOCATION	TIME
August 1	North County Health Fair	300 North Coast Highway Oceanside, CA 92054	9am-1pm
August 3	Our Kitchen, Good Table, Healthy Life	950 S. Euclid Avenue, 3rd Floor San Diego, CA 92114	10am-11am
August 6	Poway Farmers' Market	14134 Midland Road Poway, CA 92074	8am-1pm
August 10	Free Mammograms	2937 Beyer Boulevard San Diego, CA 92154	9am-1pm
August 11	Adventure Run	5553 Copley Avenue San Diego, CA 92111	6pm-7pm
August 14	San Marcos Farmers' Market	1080 W. San Marcos Blvd. San Marcos, CA 92078	11am-3pm
August 16	Zumba	540 Cornish Drive Encinitas, CA 92024	2pm-3pm
August 18	Relaxation and Visualization	9001 Wakarusa Street La Mesa, CA, 91942	12:15pm-1:15pm
August 22	Escondido Farmers' Market	8860 Lawrence Welk Drive Escondido, CA 92026	3pm-7pm
August 24	Santee Farmers' Market	Corner of Mast and Carlton Hills Blvd. Santee, CA 92071	3pm-7pm
August 27	Guided Tours of Local Waterwise Gardens	12122 Cuyamaca College Dr .W. El Cajon, CA 92019	10:30am-12:30pm
August 30	Healthy Families Dinner and Crafts	4058 Willows Road Alpine, CA 91901	5:30pm-7pm