

November 2016: Calendar of Free Events

DATE	EVENT	LOCATION	TIME
November 1	Healthy Families Dinner and Crafts	4058 Willows Road, Alpine, CA 91901	5:30pm-7:30pm
November 3	North Park Farmers' Market	Herman St (between University and North Park Way) San Diego, CA 92104	3pm-7pm
November 7	Feeling Fit Club	11555 Via Rancho San Diego El Cajon, CA 92019	8:30am-9:30am
November 10	Adventure Run San Diego	5553 Copley Drive San Diego, CA 92111	6pm-7pm
November 11	North County Health and Wellness Fair	300 North Coast Highway Oceanside, CA 92054	9am-1pm
November 12	Ramona Farmers' Market	1855 Main Street Ramona, CA 92065	9am-1pm
November 15	Chillin' to the Core Yoga	1850 CA-78 Julian, CA 92036	4pm-5pm
November 18	Imperial Beach Farmers' Market	10 Evergreen Avenue Imperial Beach, CA 91932	12pm-6pm
November 22	Snack	836 Kempton Street Spring Valley, CA 91977	1:05pm
November 23	Our Kitchen, Good Table, Healthy Life	950 S. Euclid Avenue, 3rd Floor San Diego, CA 92114	10am-11am
November 25	Zumba	540 Cornish Drive Encinitas, CA 92024	3pm-4pm
November 29	UCSD/La Jolla Farmers' Market	9500 Gilman Dr by Lyman Ln & Gilman Dr La Jolla, California 92093	10am-2pm

Live Well @ Work

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