

# EAST AFRICAN YOUTH

YOUNG EAST AFRICAN BOYS & MEN AGES 16-25

## THEORY OF CHANGE



United Women of East Africa Support Team



Peer-led, culturally-literate & responsive behavioral health and psychosocial wellness hub.

**ULTIMATE**

Youth are resilient, have a strong sense of self-identity, and positively contribute to their communities and to society.

**OUTCOMES**

Make informed mental health decisions

Trusted peer & community network for BH support

Provide youth-led cultural awareness education.

Youth are engaged and active participants in their community.

Youth-led education self-help groups.

Youth have skills and knowledge to enroll and persist

Intensive week-long & weekend workshops

Better understand environmental impacts and resources available

Regular youth workshops/meetings and social media outreach

Youth demonstrate stronger leadership and advocacy skills.

Cultural & faith-based learning opportunities

Youth gain knowledge of pathways to careers and education

Informational workshops and career/education presentations

Youth have a trusted peer and community network

Peer-to-Peer training and established center

Increasing social capital & pride in cultural identity

Peer-led, culturally-literate & responsive behavioral health and psychosocial & Wellness hub.

Understand apprenticeship & vocational program qualifications

One-to-one career and educational counseling, application support

Youth are organized and engaged in providing an open system of communication and information sharing that is accountable to address their mental health needs.

**HEALTH & WELLNESS**

**COMMUNITY & ENVIRONMENT**

**CAREER & EDUCATION**

**EVALUATION**

COMMUNITY & PARTNER NETWORK FEEDBACK

LEADERSHIP DEVELOPMENT