

## **Berry Stop & Scribble**

Play this fun classroom energizer after the Harvest of the Month taste-test to reinforce learning.

- 1. Pair students up, giving each pair a piece of paper and pencil.
- 2. Call out an activity, such as:
  - Hop in place
  - Twist
  - Jumping jacks
  - Knee lifts

- March in place
- Swimming arms
- Jog in place
- Side step
- 3. Allow students to do the activity for about 30 seconds, then call out one of the following spelling words from this month's *Harvest of the Month*:
  - Berry
  - Berries
  - Bush
  - Vine
  - Bramble
  - Blueberry
  - Blackberry

- Raspberry
- Strawberry
- Boysenberry
- Cranberry
- Antioxidant
- Phytochemicals
- 4. Students stop the activity and work together in their pairs to spell the word correctly.
- 5. When all the students have written down their answers and resumed the activity, call out a new physical activity followed by a new spelling word. Continue until all the spelling words have been called or the "energizer" time has ended.

## **Modification:**

- Ask trivia questions about berries instead of spelling words and allow students to call out the answer:
  - I am a small, round berry that grows on a bush. I have smooth, blue skin. What am I? (Blueberry)
  - I am red with tiny black seeds on the outside of my skin (I am the only fruit whose seeds are on the outside!). What am I? (Strawberry)
  - I am a red berry that grows on a bramble—watch out for thorns when you
    pick me! My name starts with the letter R. What am I? (Raspberry)
  - My name makes it sound like I am black, but I am really dark purple. What am I? (Blackberry)
  - I am a small, round, red berry. I grow in bogs and marshes and I am very tart. People eat my sauce during Thanksgiving. What am I? (Cranberry)