Dried Fruit Conga

Play this fun classroom energizer after the Harvest of the Month taste-test to reinforce learning.

Ready:
• Tell students that before fruit can be dried it needs to be picked.
• Explain to students that you will be calling out the names of fruits that are commonly dried, and they will pretend to pick them:
  • Reach high in the air for fruits that grow on trees.
  • Reach to the side for fruits that grow on tall vines or bushes.
  • Squat down and reach low for fruits that grow close to the ground.

Set:
• Form groups of 4-5 students and line each group up to form a mini conga line.
• Play a conga or Caribbean style music CD to set the mood (optional).

Go:
• Call out the following dried fruits:
  • Grapes (side)
  • Dates (high)
  • Cranberries (side)
  • Apricots (high)
  • Figs (side)
  • Plums (high)
  • Currants (side)
  • Pears (high)
  • Apples (high)
  • Strawberries (low)
  • Peaches (high)
  • Mangoes (high)
  • Papayas (high)
  • Kiwifruit (side)
  • Nectarines (high)
  • Bananas (high)
  • Cherries (high)
  • Pineapples (low)
  • Persimmons (high)