



Melon Salad

Play this fun classroom energizer after the Harvest of the Month taste-test to reinforce learning.

- Have students sit on the ground in a circle. Designate one student as the “fruit” to sit in the center of the circle.
- If possible, have students sit on towels, jackets, or carpet squares.

Set:

- Give all students a melon name: Cantaloupe, Casaba, Honeydew, or Watermelon.

Go:

- When “fruit” calls out a melon name, all students of that melon exchange places by standing up and moving clockwise around the outside of the circle while the “fruit” tries to sit in an empty spot. The student left without a spot becomes the new “fruit.”
- When “Fruit Salad” is called by “fruit,” everyone must find a new place in the circle.
- Change the locomotor movement frequently (e.g., crawl, belly crawl, creep, crab walk, bear walk).
- For safety, avoid fast movements like running and leaping.

