

Breastfeeding-Friendly San Diego

Program Enrollment Form

By participating in Breastfeeding-Friendly San Diego, you contribute to the health and wellbeing of mothers, babies, and families throughout the region. Breastfeeding has many benefits to mothers and babies, but can also have many benefits to your childcare site such as:

- Cost savings
- Healthier babies in your care
- Happier families

As a Breastfeeding-Friendly San Diego partner, you have access to the following free resources and assistance from the UC San Diego Lactation Supportive Environments team:

- *Checklist to gauge strengths and areas of improvement*
- *Information and training on becoming a Breastfeeding-Friendly San Diego partner*
- *Sample breastfeeding-friendly/lactation policies/procedures and best practices*
- *Assistance in creating and adopting breastfeeding-friendly practices*
- *Free, customized resources and technical assistance for:*
 - *Childcare staff*
 - *Families*
- *Recognition as a Breastfeeding-Friendly San Diego partner*

Congratulations on taking an important step towards making San Diego County a more breastfeeding-friendly County!

Please complete the information below:

Name: _____

Childcare Name: _____

Address: _____

Phone: _____

Email address: _____

Preferred contact method: E-mail Phone Text

Signature

Date

For more information please contact _____