

Sample Infant Feeding Plan



The information you provide below will help us to do our very best to respect your feeding practices and help your baby grow and thrive.

This form must be filled out for all children under 18 months old.

Child's name: _____ Birthday: _____
m m / d d / y y y y

Parent/Guardian's name(s): _____

TO BE COMPLETED BY PARENT

Did you receive a copy of our Breastfeeding-Friendly Policy? Yes No

At home my baby drinks (Check all that apply):

Breast milk from: Mother Bottle Cup Other _____

Formula from: Bottle Cup Other _____

Cow's milk from: Bottle Cup Other _____

Additional details:

How does your child show you that s/he is hungry?

How often does your child usually feed?

How much does your child usually drink at each feeding (ounces)?

Has your child started eating solid foods? Yes No
If yes, what foods is s/he eating:

How often is your child eating solid foods? How much?



Child's name: _____

Birthday: _____
mm / dd / yyyy

I want my child to be fed the following foods while in your care:

	Frequency of feedings	Approximate amount per feeding	Will you bring from home? (must be labeled and dated)	Details about feeding
Mother's Milk				
Formula				
Cow's milk				
Cereal				
Baby Food				
Table Food				
Other (describe)				

I plan to come to nurse my baby at the following time(s): _____

My usual pick-up time will be: _____

If my baby is crying or seems hungry shortly before my usual arrival time, I would like staff to do the following:
You may choose more than one.

hold your baby
 use the teething toy you provide
 use the pacifier you provide
 rock your baby
 give a bottle of your expressed milk
 other Specify: _____

I would like you to take this action _____ minutes before my arrival time.

We have discussed the above plan, and made any needed changes or clarifications.

Today's date: _____

Teacher Signature: _____ Parent Signature _____

Date	Change to Feeding Plan (must be recorded as feeding habits change)	Parent Initials	Teacher Initials

*** Any changes must be noted above and initialed by both the teacher and the parent.**

