

# Keep it up, Mom!

## Breastfeeding-Friendly child care is there for you.

Breastfeeding-Friendly San Diego partners don't just tolerate breastfeeding – they go out of their way to wholeheartedly support it.



## Breastfeeding-Friendly San Diego partners provide:

- A breastfeeding-friendly environment
- Employees trained in the proper handling, storing, and feeding of breast milk
- Written support for breastfeeding families
- Resources to support breastfeeding mothers



## Find Breastfeeding-Friendly Child Care

CONNECT WITH A DESIGNATED BREASTFEEDING-FRIENDLY SAN DIEGO PARTNER NEAR YOU:  
[www.breastfeeding.org/childcare](http://www.breastfeeding.org/childcare)

