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UC San Diego | Center for SCHOOL OF MEDICINE Community Health

The Center's mission is to transform health and wellness in diverse communities by improving health equity. Visit us at ucsdcommunityhealth.org



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[Joe Prickitt Presents at the Chilean Fruit and Vegetable Access Conference](#)

Joe Prickitt, Senior Director of the Southern California Nutrition Incentive Program at the Center for Community Health, was invited by the Chilean Minister of Health and the Director of the United Nations Food and Agricultural Organization to present at the Chilean Fruit and Vegetable Access Conference.

[Mellano Earns Statewide & Local Awards for Breastfeeding-Friendly Workplace Practices](#)

Mellano & Company is one of the largest flower growers located in Oceanside who created breastfeeding-friendly workplaces with the support from Live Well @ Work and Lactation Supportive Environments.





[Training Seniors to be Community Advocates](#)

The Peer Empowerment Program 4 Physical Activity, also known as PEP4PA, recently joined the Center for Community Health! Learn about some of their work at the Norman Park Senior Center [here](#).

[A Faith-Based Community Building a Community Garden](#)

Click the title above to read an article by Master Gardener Jodi Bay about community volunteers coming together to help build a community garden for the Friendly Church of God in Christ.



[Intergenerational Storytelling Project Through Food and Recipes](#)

The Refugee Health Unit has received a grant from the Critical Refugee Studies Collective to work on a project focused on intergenerational storytelling.



Meet Our Youth Advisory Council

Members

Every year, the YAC works towards recruiting new driven, compassionate, and motivated youth from all over San Diego county to continue its mission of promoting healthy living in communities.



Introducing Aries Chavira: Healthy Campus Network, Student Chair

Aries is excited to bring together the UC San Diego community in having an open forum to understand and communicate the various health needs facing students, faculty, and staff.

5210 Scavenger Hunt at the San Diego County Fair

The Center for Community Health and Community Health Improvement Partners partnered with the San Diego County fair and San Diego Childhood Obesity Initiative to promote the "5210 Every Day!" Campaign as part of the fair's Oz-Some theme.



Awards and Recognitions



King Chavez Arts and Athletics

Academy Friends of Love Award -

Barbara Hughes, RD, was honored at the King Chavez Awards Assembly for her promotion of leadership and a culture of nutrition and healthy behaviors through policy, systems, and environmental changes in the school environment.

Live Well San Diego 18th Annual Public Health Champion Award, South Region

Recipient - Ramón Hernandez was recognized for his work promoting the health of San Diego residents through his work as an active leader, and participating on the Live Well San Diego South Region Community Leadership Team.



Rising Star Award - Shana Wright Bruno, Senior Program Manager for the Lactation Supportive Environments initiative at the Center for Community Health, received the Rising Star Award at the 2019 California Breastfeeding Summit.

Refugee Health Unit Leadership
Featured in SD Voyager
Magazine and as a
Changemaker- Amina Sheik

Mohamed was recognized for her commitment in working with multicultural, low-income, and refugee populations towards the goal of achieving health equity. Read more [here](#). SD Voyager Magazine also features her work, as well as the challenges she faces in her work and what inspires her. Read the article [here](#).



UCSD Inclusive Excellence Award -

Kate Edra was the University-wide staff recipient of the UCSD Inclusive Excellence Award, for her outstanding work as Program Manager for both the ¡Más Fresco! More Fresh Food Insecurity Nutrition Incentive Program and the School Wellness Program.



Program Director for School Wellness

Under the direction of the Executive Director, the Program Director will oversee all aspects of the *School Wellness Program*, including program oversight, management, and accountability (e.g. project timelines, budget, outcome measures). This position requires an experienced, hands-on manager who can

partner effectively with community leaders, school administrators, local health department and their partners, media, and others to support goals and objectives. Click [here](#) for more details about the position and how to apply.

News and Events



[Saint Mary's Walking Group Kick-Off](#)

On February 23rd, eighty people kicked off the St. Mary's Catholic Church of National City walking group.



[Advancing Health Program Update](#)



[Collaboration Brings Healthy Tips to Families in North Regions](#)

A partnership with North Family Resource Centers now allows for healthy living tips in all intake rooms of the Coastal and Inland centers, and looping USDA nutrition videos in the waiting rooms.



[Cafe to Compost](#)

To address school food waste, we initiated a sustainable “Café to Compost” salad bar composting system at a local low-income middle school during the 2017-2018 school year.



The Advancing Health Program held its fourth meeting in January, to work towards its ultimate goal of increasing representation in research.



[FGC Provider Training Event Hosted by Dunya Women's Health Collaborative](#)

On Saturday, February 23rd, the Dunya Women's Health Collaborative held a Female Genital Cutting (FGC) provider training at Scripps Mercy Hospital.



[Celebrating Encanto Elementary's Game Leader Program](#)

To create a more active and engaging lunch recess for students at Encanto Elementary, the School Wellness team collaborated with the school to design, launch, and support a student-led Game Leader Program.



[Live Well @ Work Hosts Worksite Wellness](#)

[Ignite Wellness San Diego Launches Their "Igniting the Workplace" Wellness Series](#)

Ignite Wellness San Diego is a newly formed group of local organizations that support human resource and wellness professionals with opportunities to enhance their employee wellness programs through trainings and events.



[City of San Diego District 9 Supports City Heights Food Markets](#)



[Youth Advocacy in Sacramento](#)

On April 30th eight members of the Youth Advisory Council flew to Sacramento to participate in the annual ENACT Day event.



[Free Oral Health Screenings and Services for Children](#)

The annual Give Kids a Smile event provided free oral health screenings, fluoride

[Session at the California WIC Conference](#)

Live Well @ Work director Kelley Axelson hosted a session on "WIC Worksite Wellness Best Practices: Creating a Culture of Health" at the 27th annual California WIC Association Conference.



[Women and Girls Focus Group: Barriers to Educational Opportunity](#)

In partnership with Women Give San Diego, the Refugee Health Unit began its community based participatory research project that focuses on

City of San Diego District 9 Council Representative and Policy Advisor Matt Yagyagan toured four of our City Heights food markets participating in our [Live Well Community Market Program](#).



[Mindful Leadership for UC San Diego Graduate Students](#)

The Mindful Leadership Program facilitated the first Mindful Leadership Retreat to help participants become more conscientious

varnish, and sealants to almost 300 children throughout San Diego County at a value of \$55,700 in services.



[Healthy Easter Choices](#)

This year, Journey Community Church offered a fun and healthy food option for its Easter services, which was well-received.

the economic and social challenges that refugee and immigrant women and girls face in terms of education and employment.



[Celebrating SDUSD's Inaugural Winter Wellness Showcase](#)

San Diego Unified School District, in coordination with UCSD's School Wellness team, hosted their inaugural Winter Wellness Showcase at Ocean Beach Elementary to celebrate their efforts to create a healthier school community.

leaders in today's world.



[Former Intern Spotlight: Katia Lopes-Gilbert](#)

We reached out to former Urban Food Environments intern, Katia Lopes-Gilbert, to see what she is up to now and how her experience as an intern at the Center influenced her professional career.

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Thank you to our Funders

Funders of the projects highlighted include, but are not limited to:

Family Health Centers of San Diego

First 5 San Diego

Health Resources and Services Administration (HRSA)

Kaiser Permanente

Office on Women's Health, U.S. Department of Health and Human Services

The Alliance Healthcare Foundation

The California Department of Public Health's Nutrition Education and Obesity Prevention Branch (NEOPB)

The California Endowment

The Centers for Disease Control and Prevention (CDC)

The County of San Diego Health and Human Services Agency (HHSA)

The Movember Foundation

The National Institutes of Health (NIH)

The Prevention Institute

The United States Department of Agriculture (USDA)

Women Give San Diego

Some of the projects in this newsletter are programs of *Live Well San Diego: Healthy Works* and support *Live Well San Diego*, the County's vision for a region that is Building Better Health, Living Safely, and Thriving.

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