EXPLORATORY WORK EXPERIENCE FALL 2018-2019

UCSD CENTER FOR COMMUNITY HEALTH

By Nirvana Ortiz-Martinez & Andrew Lu
COMPANY OVERVIEW

WHAT UCSD CCH IS ABOUT

"We are dedicated to improving and promoting health and wellness in communities where people live, work, learn, play and worship."

"Transforming health and wellness in diverse communities by improving health equity"

https://ucsdcommunityhealth.org/
Public Health Industry
HOW THEY STARTED

PHIL NADER

- Founder
- In 2010, published a guide for parents, "You Can Prevent Childhood Obesity: Practical Ideas from Pregnancy to Adolescence"
- He co-founded and co-led a foundation, Legacy of Health
- Dr. Phil Nader passed away on April 21, 2017

START UP

- Researched work for child obesity
- They evolved to looking at Public Health changes as Public Health evolved
Basic Info

**EMPLOYEES**

27 members (not including interns and volunteers)

**LEADERSHIP STRUCTURE**

Executive director, team of managers, program coordinators, dedicated interns and volunteers. Masters', Bachelors', or Public Health Degree

**JOBS**

- Public health practitioner
- Researchers
- Admin jobs
- Community organizing jobs
- Community health jobs

**MONEY**

Via grants time-limited and given either by the government, private philanthropists, and/or organizations.
Essential Skills

MOST IMPORTANT

- Adaptability
- Organization
- Communication

TRANSFERABLE

Communication is important and needed
STRENGTHS AND WEAKNESSES

STRENGTHS
1. Organized
2. Focused
3. Dedicated

WEAKNESSES
Organization could be more well known, could reach out to more people in different areas
THE INTERNSHIP EXPERIENCE

NIRVANA ORTIZ-MARTINEZ
ANDREW LU
OUR JOB POSITION

NIRVANA ORTIZ-MARTINEZ
ANDREW LU

Youth Advisory Council Intern

Supervisor: Elizabeth Cooper

What Do We Do?
ACCOMPLISHMENTS & CONTRIBUTIONS

PRESENTATION
- Teen Pregnancy
- Homelessness

VIDEO
- "How To Present"
https://ga.vyond.com/videos/0wTd336W8Xr8?utm_source=linkshare&utm_medium=linkshare&utm_campaign=usercontent

"BIG PICTURE"
Improving health equity starting from the San Diego area.

PROUDEST WORK
Presentations and Video
WHAT I LEARNED

ANDREW

- Confidence
- Presentation Etiquette
- Canva

NIRVANA

- Responsibility
- Animated Video Skill
- What's going on in Communities
YAC (YOUTH ADVISORY COUNCIL) MEETINGS

- Young leaders of the future
- We aim to fix the problem of the choice of wrong eating habits
- We work to change the social and environmental factors that impact health
Conclusion

**ANDREW**
- Welcoming Environment
- Independent to Group Goal
- Positive Future Outlook

**NIRVANA**
- Different perspective
- Growth in leadership
- Awareness of Public Health
THANK YOU

QUESTIONS, COMMENTS, & CONCERNS

And Another Thank You to The UCSD Center For Community Health and Its Dedicated Staff

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