

Recess Activity Schedule

OCTOBER		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Zone 1: Playground	Playground & Stretching Challenge	Playground	Playground & Stretching Challenge	Playground	Playground & Stretching Challenge
	Zone 2: Small group blacktop games	Four Square	Four Square	Four Square	Four Square	Four Square
	Zone 3: Large group blacktop games	Clean your Room	Clean your Room	Clean your Room	Clean your Room	Clean your Room
	Zone 4: Field games	Rock, Paper, Scissors, Go!	Rock, Paper, Scissors, Go!	Rock, Paper, Scissors, Go!	Rock, Paper, Scissors, Go!	Rock, Paper, Scissors, Go!
WEEK 2	Zone 1: Playground	Playground & Fitness Challenge (A)	Playground	Playground & Fitness Challenge (A)	Playground	Playground & Fitness Challenge (A)
	Zone 2: Small group blacktop games	Animal Relay	Animal Relay	Animal Relay	Animal Relay	Animal Relay
	Zone 3: Large group blacktop games	Houdini Hoops	Houdini Hoops	Houdini Hoops	Houdini Hoops	Houdini Hoops
	Zone 4: Field games	Soccer 101	Soccer 101	Soccer 101	Soccer 101	Soccer 101
WEEK 3	Zone 1: Playground	Playground & Fitness Challenge (B)	Playground	Playground & Fitness Challenge (B)	Playground	Playground & Fitness Challenge (B)
	Zone 2: Small group blacktop games	Snake in the Grass	Snake in the Grass	Snake in the Grass	Snake in the Grass	Snake in the Grass
	Zone 3: Large group blacktop games	Over Under	Over Under	Over Under	Over Under	Over Under
	Zone 4: Field games	Meet me in the Middle	Meet me in the Middle	Meet me in the Middle	Meet me in the Middle	Meet me in the Middle
WEEK 4	Zone 1: Playground	Playground & Stretching Challenge	Playground	Playground & Stretching Challenge	Playground	Playground & Stretching Challenge
	Zone 2: Small group blacktop games	Everything Relay	Everything Relay	Everything Relay	Everything Relay	Everything Relay
	Zone 3: Large group blacktop games	Hula Hoops 101 & Wall Ball 101	Hula Hoops 101 & Wall Ball 101	Hula Hoops 101 & Wall Ball 101	Hula Hoops 101 & Wall Ball 101	Hula Hoops 101 & Wall Ball 101
	Zone 4: Field games	Defenders of the Cone	Defenders of the Cone	Defenders of the Cone	Defenders of the Cone	Defenders of the Cone