

# Setting Up a Breastfeeding Space in Childcare



## Breastfeeding-Friendly Space

Creating a space for breastfeeding families shows your support. Start by asking families where they would be most comfortable breastfeeding their baby. Never ask families to breastfeed or pump in a restroom. Be creative! Use items you already have to create a quiet, cozy space. Create more privacy by using a bookshelf as a barrier or setting up a privacy screen.

## Basics of a Breastfeeding Friendly Space

- Quiet, cozy area
- Chair with a supportive back
- Corner of a living room, play area, nap room, or other private space
- Ability to provide more privacy, if requested



## Upgrade Your Space

Make your space award-winning with:

- Artwork
- Foot stool
- Side table
- Soft Lighting
- Resources
- Diffuser
- Breastfeeding pillow

