Our mission is to transform health and wellness in diverse community by improving health and racial equity.

We work with communities to develop and sustain policies, systems, and environments that promote health and wellness where people live, work, learn, play, and worship.

1. **Policy & Advocacy**
   Build community and youth capacity to champion changes to create healthy and thriving communities.

2. **Research**
   Lead health disparities research to inform prevention of childhood, adolescent, and adult disease.

3. **Healthy Campus**
   Spearhead the coordination and integration of UC San Diego wellness programs and policies for students, staff, faculty, and patients.

4. **Training and Education**
   Train and educate the next generation of culturally competent and diverse clinical and public health professionals.

5. **Faith-Based Wellness**
   Encourage the health and well-being of faith-based communities in body, mind and spirit.

6. **School Wellness**
   Create school environments that enhance learning and develop lifelong wellness practices.

7. **Youth Leadership Development**
   Engage and build the capacity of young people to develop their leadership and social responsibility.

8. **Refugee Health Unit**
   Provide research, evaluation, training and program development services through cross sector partnerships to improve the health and wellbeing outcomes for San Diego Refugee population.

9. **Oral Health**
   Train and educate professionals, parents, and children to foster ongoing preventative dental care.

10. **Lactation Supportive Environments**
    Work in multiple sectors to collaborate with stakeholders in expanding support for breastfeeding in the community.

11. **Employee Wellness**
    Collaborate with local businesses to build a culture of health and foster a healthier, happier, and more productive workforce.

12. **Food Insecurity Nutrition Incentive**
    Provide a dollar match to incentivize the purchase of fresh produce, increase food security and support our local food economy through the ¡Más Fresco! More Fresh program.

13. **Urban Food Environments**
    Work to improve access to healthy affordable foods in urban underserved neighborhoods by supporting food pantries, farmers’ markets, and food retailers.

14. **Childhood Obesity Prevention**
    Facilitate a multi-sector coalition with the mission of reducing and preventing childhood obesity by advancing policy and environmental changes through collective impact.

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