## LEVEL 1 REQUIREMENTS



## STOCKING

- Minimum of three (3 fresh fruits and/or fresh vegetables (excluding lemons and limes)
- Minimum of six (6) healthful snacks from the approved snack categories (Appendix 1)
- Minimum of three (3) healthful beverages: (e.g., plain and unflavored water with or without carbonation, unsweetened iced tea, 100\% pure and unsweetened fruit or vegetable juice that contains no more than 140 milligrams of sodium per serving, or dairy and fortified non-dairy beverages)


## STORE ENVIRONMENT

- Maintain cleanliness of store interior and exterior, including trash receptacles and graffiti removal 1
- Provide adequate lighting, including all entrances, exits, and parking lot 2
- Actively discourage loitering within and outside of the store $\mathbf{3}$
- Be in compliance with all governing regulatory entities including CA Retail Food Code 4, and all alcohol, tobacco, and drug regulations 5-12, †


## SIGNAGE \& ADVERTISEMENTS

- Comply with all governing signage regulations 13-15
- Display a minimum of three (3) signs inside the market advertising healthy products or healthy messages (e.g., Fresh Produce Sold Here, Healthy Foods Sold Here, Eat Fresh, etc.)
- No EBT CalFresh cross promotion with unhealthy foods or beverages (e.g., soda, energy drinks, candy)


## NO-COST TECHNICAL ASSISTANCE \& TRAINING SERVICES

 Approximately $\$ 3,000$ Value- Assistance in sourcing new or better quality items from distributors, local farmers, or community gardeners
- Assistance with selecting which items to stock for maximum sales and how much to order
- Produce storage and handling guidelines to minimize waste
- Receiving and stocking best practices for maximum efficiency
- Determining the best sale price for each produce item
- Assistance in product placement strategies
- Free pre-plan check from Department of Environmental Health (DEH)
- Assistance from public sector partners to provide guidance on minor issues to correct should retailers fall out of complete compliance with corresponding store environment regulations
- Assistance with exterior lighting options
- Consultations with DEH regarding retail code regulations and potential workshops, if necessary
- Display and equipment suggestions for signage
- Comprehensive merchandising packet
- Market recognition stickers/plaques (e.g., Live Well San
- Diego decal)
- Media and public relations support, in-store events (e.g., taste testing of healthy foods newly advertised)
- EBT/WIC healthy food promotional materials
- Electronic and physical materials to promote participation in the designation program—countywide distribution


## LEVEL 2

REQUIREMENTS Meet Level 1 requirements and;


GRAB
$n^{\prime}$ GO $n^{\prime}$ GO

## STOCKING \& PRICING

- Add three (3) additional healthy items from food groups such as: nuts, fruit, vegetables, dairy, protein, and grain snacks or staple products (Appendix 2)
- Offer at least two (2) varieties/brands of bottled water that are cheaper per volume than alcohol or sugar-sweetened beverages


## SIGNAGE \& ADVERTISEMENTS

- Maintain a clean storefront with minimal exterior signage


## HEALTHY GRAB N GO SNACK ZONE OR HEALTHY CHECKOUT LANE

- Minimum of two (2) fresh fruit items
- Meet specifications for products in Level 1 snack categories for placement into zone/lane
- Display signage promoting healthy zone/lane
- Elimination of all alcohol, tobacco, and unhealthy foods/beverage advertisements within designated zone/lane


## CALFRESH EBT

- Accept CalFresh EBT and remain in good standing with all regulatory entities
- Actively cross promote healthy foods that can be purchased using CalFresh EBT


## NO-COST TECHNICAL ASSISTANCE \& TRAINING SERVICES

 Approximately $\$ 5,400$ Value- Assistance selecting healthy food products from two additional categories
- Training market staff to identify healthy products
- Merchandising and promotions strategies for new healthy items
- Merchandising and promotional materials highlighting healthy foods, beverages, and/or healthy behavior messages from alcohol and tobacco prevention providers, and UCSD Healthy Retail Program
- Customized assistance in implementing a healthy zone/lane
- Point of purchase healthy merchandising materials
- Display and equipment recommendations to highlight healthy zone/lane
- Product display equipment provided as available
- Media and public relations support to promote healthy zone/lane to local neighborhood shoppers and particularly youth shoppers where applicable
- Receive equipment such as baskets, shelves, and other infrastructure to support the expansion of healthy food item offered (no refrigeration available)
- How-to materials (e.g., fact sheet) provided on how to accept CalFresh
- CalFresh in-store promotional materials and information for shoppers (e.g., CalFresh brochures, Eat Right When Money's Tight Brochure, etc.)


## LEVEL 3 REQUIREMENTS

Meet Level $1 \& 2$ requirements and;


## STOCKING \& PRICING

- No sales of single-serve alcoholic beverages (e.g., 40-ounce bottles of malt liquor, single cans of beer, or small bottles of alcohol spirits under 200 milliliters)


## SIGNAGE \& ADVERTISEMENTS

- Minimal or no alcohol or tobacco signage on entire exterior and interior
- No advertisements for unhealthy snack foods or soda (okay on shelf product packaging) on entire exterior and interior


## WIC

- Become or are an authorized WIC retailer and remain in good standing with all regulatory entities
- Actively promote healthy foods that can be purchased under the WIC food package


## DELI \& PREPARED FOODS

- Increase the variety of vegetables to be added to ready-made sandwiches or as a meal side
- Actively promote healthy prepared meal options with signage
- If meal combos are offered, water is advertised as a beverage option


## FACADE OR COMMUNITY IMPROVEMENTS

- Make one (1) significant improvement to exterior of the market
o Make some produce visible from outside the store
o Update lighting for energy efficiency
o Add or improve landscaping (e.g., planter boxes)
o Update building paint, if necessary
o Removal or replacement of permanent bars
o Replace doors and/or windows, if necessary
o Implement outdoor eating area


## OR

- Enact one (1) of the following community-focused projects :
o Sign Good Food Neighbor Pledge 17
o Add a bike rack if space allows and suitable for shopping demographic
o Space for community-postings/newsletters

NO-COST TECHNICAL ASSISTANCE \& TRAINING SERVICES Approximately $\$ 10,400$ Value

- Merchandising and promotional materials highlighting healthy foods, beverages, and/or healthy behavior messages from UCSD Healthy Retail Program
- LEAD (Licensee Education on Alcohol and Drugs) Training support
- Merchandising and promotional materials highlighting healthy foods, beverages, and/or healthy behavior messages from alcohol and tobacco prevention providers, and UCSD Healthy Retail Program
- Referral to state WIC agency to learn more about becoming an authorized WIC retailer
- Materials that explain the process and requirements for becoming an authorized WIC retailer
- Support from DEH on prepared foods regulations and best practices
- Healthy, seasonable recipe sharing and recipe cards
- Food Safety for Healthy Market Conversions guide
- Assistance with application for Restaurant Meal Program
- Assistance in applying for grants and loans for more store improvements
- Receive the most robust combination of services from all partners
- Assistance with SDG\&E energy efficiency rebates
- Media and public relations support to highlight good will in community
- Help develop connections with local school, faith-based organizations, and/or other community groups to create purchasing agreements
- Receive a free or low-cost bike rack from municipality
- Organizing community improvement event such as a mural painting project on the store or a clean-up day inside and around the store
- Assistance with designing a community board

