



Oral Health Resources

DENTAL CARE ACCESS



Smile, California

For Medi-Cal Dental Program resources and information call 1(800) 322-6384 or go to <https://smilecalifornia.org/>. The website is available in English and Spanish.

For information about translation or your rights to access information in different languages, see:

https://dental.dhcs.ca.gov/DC_documents/beneficiaries/nondiscrimination_notice.pdf

https://dental.dhcs.ca.gov/DC_documents/beneficiaries/language_assistance.pdf

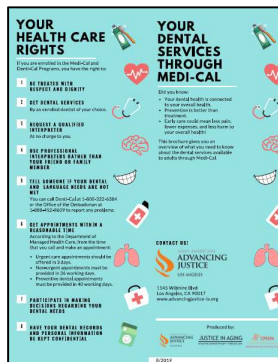
Smile, California

Medi-Cal has Dental Covered handout in English:

<https://smilecalifornia.org/wp-content/uploads/2019/09/Flyer-English-09-2019.pdf>

For other languages, visit:

https://smilecalifornia.org/members/#medi_cal_dental_materials



California Pan-Ethnic Health Network

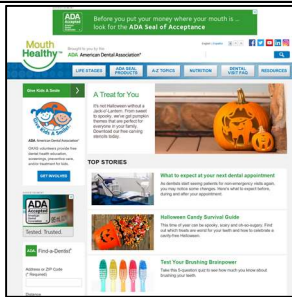
Cpehn.org

Promotes health equity by advocating for public policies and sufficient resources to address the health needs of communities of color.

Handout: https://cpehn.org/sites/default/files/dental_restoration_factsheet_english_no_logo_print_layout_0.pdf

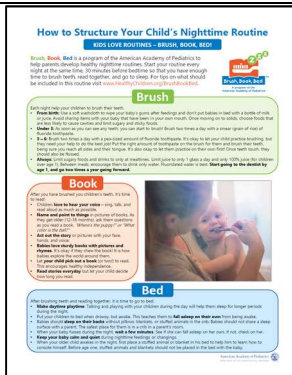
English and Spanish.

ORAL HEALTH RESOURCES



American Dental Association

See <https://www.mouthhealthy.org/en>



American Academy of Pediatrics

See <https://www.healthychildren.org/English/healthy-living/oral-health/Pages/default.aspx> in English or Spanish.

Brush, Book, Bed.

Create night time routines.

See <https://www.healthychildren.org/English/healthy-living/oral-health/Pages/Brush-Book-Bed.aspx> in English or Spanish.



National Maternal and Child Oral Health Resource Center

Preventive Dental Visits for Children and Adolescents. See <https://www.mchoralhealth.org/PDFs/npm13-dental-visits-children-infographic.pdf>

Preventive Dental Visits for Pregnant Women. See <https://www.mchoralhealth.org/PDFs/npm13-dental-visits-pregnancy-infographic.pdf>

FLUORIDE



Common Questions About Fluoride (English & Spanish)

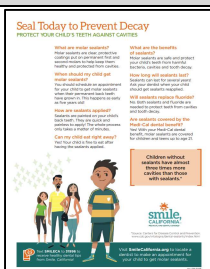
See <https://ilikemyteeth.org/learn-and-share/common-questions-on-fluoride-fluorosis/>



Fluoride: Cavity Fighter (English & Spanish)

See <https://ilikemyteeth.org/learn-and-share/fluoride-cavity-fighter/>

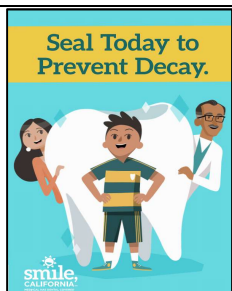
SEALANTS



Seal Today to Prevent Decay handout

Link for English and Spanish PDF: <https://smilecalifornia.org/wp-content/uploads/2019/11/Molar-Sealant-Information-Sheet-English-Spanish-09-2019.pdf>

Other languages available.



Seal Today to Prevent Tooth Decay Comic and Activity Book

English PDF: <https://smilecalifornia.org/wp-content/uploads/2019/11/SealTodaytoPreventDecayEnglish-09-2019.pdf>

OTHER HEALTH SERVICES

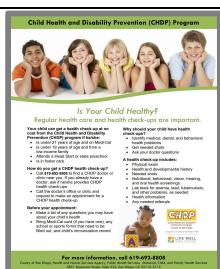


2-1-1 San Diego

Community Resource Information.

Call by dialing 2-1-1. You can also call: (858) 300-1211 or (800) 277-0997 to reach someone in any language.

Visit <https://211sandiego.org/resources/>. The website is available in the following languages: English, Arabic, Chinese (Simplified and Traditional), Filipino, Persian, Spanish, and Vietnamese.



Child Health and Disability Prevention (CHDP) Program


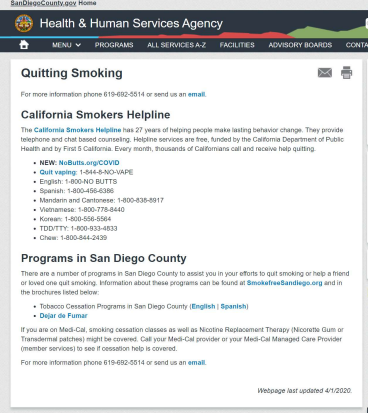

Regular health check-ups include a dental check-up at no cost for children under 21 years of age.

Call (619) 692-8808 for assistance in English and Spanish or to receive free handouts.



Perinatal Care Network (PCN)

Pregnant women can call 1(800) 675-2229 for assistance in English and Spanish to apply for Medi-Cal, WIC and other resources. You can receive free brochures by calling to distribute to attendees.

	<h2>First 5 San Diego</h2> <p>Program and resource information for parents of children 5 years of age and under.</p> <p>Visit https://first5sandiego.org/ or call 1(888) 534-7785 for information.</p>
	<h2>California Smokers Helpline</h2> <p>https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/tobacco_control_resource_program/quitting_smoking.html</p> <p>See NoButts.org or call 1-800-NO BUTTS (English)</p> <p>SmokefreeSanDiego.org</p> <p>Quit Vaping: 1-844-8-NO-VAPE</p> <p>Other contact numbers for various languages are available at the link.</p>
	<h2>Protecting Immigrant Families</h2> <p>Protectingimmigrantfamilies.org</p> <p>Know Your Rights</p> <p>https://protectingimmigrantfamilies.org/know-your-rights/</p> <p>Information available in numerous languages</p>

UC San Diego Center for Community Health Dental Health Initiative/Share the Care

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San Diego, CA 92105

Phone: 619-681-0663

ucsdcommunityhealth.org/work/oralhealth

www.facebook.com/sharethecaredental

www.instagram.com/sharethecaredental

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 619-681-0663